

**Castle Connolly Medical Ltd.** invited a number of leading physicians engaged in cosmetic care to offer their view on what is the new and "cutting edge" in the cosmetic field.

enables the body's natural healing process to create new, healthy skin around microscopic treatment zones by combining two rejuvenating non-ablative wavelengths. The superficial wavelength targets skin discoloration in 1 or 2 sessions. The deeper wavelength treats wrinkles, tone, and texture of the face, neck, chest, and hands in a series of 4-6 monthly treatments with rapid initial healing and short-term redness and swelling over 2-4 days.

### Facial and Hand Rejuvenation

With nearly 20 years of experience in performing face-lift and eyelid surgeries (blepharoplasty), Dr. Broumand



**Stafford R. Broumand, M.D.**

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has found that patients are concerned that their hands reveal a discrepancy in their age after having facelift and eyelid surgery. Patients may become aware that their hands may have lost fat which can result in a thin, transparent or bony appearance. Veins may have become more visible, and age spots may have developed. But now hand rejuvenation can be achieved by

utilizing the wisdom of many techniques individualized for each patient, taking 7-10 years off their appearance. These new techniques which are available for the hands can significantly improve their appearance. Dr. Broumand is now utilizing new fillers, fat grafting, newer light lasers and chemical peels to improve the hand appearance (to coincide with the results achieved with facial rejuvenation).

For thin looking hands, Dr. Broumand injects fillers under local anesthesia. This procedure can be done quickly and easily—and at the same time as facial rejuvenation. A single treatment may provide instant results that can last up to one year. For those patients who experience only minimal bruising and swelling, moderate activities can be resumed immediately. Lasers and peels are utilized to rid the hands of age spots and gives the skin a more youthful appearance. These procedures are also done under local anesthesia and patients can see visible results with minimal discomfort and minimal down time. Complete treatment for face and hands are available. Consultations are the best way to determine which options work best. Dr. Stafford R. Broumand, a board certified

plastic surgeon, is an exceptional cosmetic physician with an office in New York City. Committed to patient satisfaction and personalized attention, he offers beautiful, natural looking facelifts and hand rejuvenation.

### 3D High Definition Facelifting Creates Natural Rejuvenation

Dr. Sam Rizk is Director of Manhattan Facial Plastic Surgery, a state-of-the-art, JCAHO-accredited surgical suite on Park Avenue. He specializes

in performing the most modern techniques and customized face and necklifts which beautifully define the jawline and produce a youthful appearance without a tightly pulled or "wind-blown" look. His Rapid Recovery approach with undetectable hidden scars are the landmarks of his philosophy;

he performs a range of full and partial lifts, including isolated neck lifts and new techniques for male neck lifts without the telltale signs of surgery. Dr. Rizk's signature deep plane lower face and necklift technique redistributes the jowl fat back to its youthful home in the cheekbones, producing a natural, aesthetically-pleasing rejuvenation. He has also pioneered the use of a 3D High Definition telescope system to visualize face and neck structures from smaller hairline and ear incisions. His novel use of tissue glues instead of drains results in less bruising and swelling so patients can return to their lives as quickly as possible. The results of facial rejuvenation procedures can be further enhanced by fractional laser resurfacing.



**Samieh Rizk, M.D., FACS**

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